

The St Helens Wellbeing Community Infant Feeding Team are offering telephone and video support

Using secure video consultations for mums on the post-natal ward.

We can answer any breast feeding related questions, go over the basics, demonstrate hand expressing, positioning and visually check your baby's latch.

ST HELENS WELLBEING



**Infant
Feeding**

Our service operates 7 days a week

Mon - Fri, 8am - 7.30pm

Sat/Sun & Bank Holidays, 10am - 4pm

Outside these hours please leave a voice mail
or text message and we'll respond ASAP.

If you are interested please contact
us on **07919 305 174** to arrange.

StHelensWellbeing.org.uk

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